Queensland Race Walking Club Inc.

ABN 59 065 512 712

Building on a fine tradition of race walking, 71 years in the making.

November 5th 2026

All the best to our Masters race walkers competing this weekend at the Pan Pacific Masters Games on the weekend .

Track Events :
Gold Coast Performance Centre, 1 Sports Dr, Runaway Bay
Bibs numbers can be collected from the Technical Information Centre on the top level of the Grandstand at the competition venue**.**

Timetable & Entries

Saturday November 7th
9:30am 5000m Walk W30+
10:15am 5000m Walk M30+
Women 5000m RW 30+
1 Joy Dale Australia #5511 • Age: 55
2 Patricia Hibbs Australia #3517 • Age: 35
3 Roslyn Kirwin Australia #3522 • Age: 37
4 Noela McKinven Australia #8005 • Age: 84
5 Dash Newington Australia #4022 • Age: 42
6 Wendy Pannach Australia #4533 • Age: 47
7 Janet Richardson Australia #5543 • Age: 56
8 Nyle Sunderland Australia #5551 • Age: 59
9 Anne Weekes Australia #6048 • Age: 64
10 Jodie Wilson Australia #3016 • Age: 31
11 Kit Mei Mui Hong Kong #6532 • Age: 66
12 Soma Rani India #4539 • Age: 46
Men 5000m RW 30+
1 Peter Bennett Australia #7001 • Age: 70
2 Wayne Paul Byram Australia #5506 • Age: 55
3 Simon Cartwright Australia #5508 • Age: 57
4 Kevin Cassidy Australia #6507 • Age: 66
5 Andrew Cochrane Australia #7004 • Age: 71
6 Paul Lindenberg Australia #6030 • Age: 64

7 Adam Patterson Australia #5034 • Age: 54
8 Pramesh Prasad Australia #5036 • Age: 52
9 David Rapaport Australia #5038 • Age: 51
10 Stanley Patrick Sela Australia #8510 • Age: 87
11 Sukhvinder Singh Australia #7523 • Age: 77
12 Christopher Worsnop Australia #6547 • Age: 69
13 Kai Chung John Wong Hong Kong #6546 • Age: 65
14 Mohinder Singh Virk India #6541 • Age: 68
15 Ian Morton New Zealand #7015 • Age: 70

Sunday November 8th

4:30pm 3000m Walk M30+
5:00pm 3000m Walk W30+

Women 3000m RW 30+

1 Kirsten Birkby Australia #6003 • Age: 61
2 Joy Dale Australia #5511 • Age: 55
3 Patricia Hibbs Australia #3517 • Age: 35
4 Roslyn Kirwin Australia #3522 • Age: 37
5 Noela McKinven Australia #8005 • Age: 84
6 Dash Newington Australia #4022 • Age: 42
7 Wendy Pannach Australia #4533 • Age: 47
8 Janet Richardson Australia #5543 • Age: 56
9 Nyle Sunderland Australia #5551 • Age: 59
10 Anne Weekes Australia #6048 • Age: 64
11 Jodie Wilson Australia #3016 • Age: 31
12 Kit Mei Mui Hong Kong #6532 • Age: 66
13 Samita Ahuja India #5001 • Age: 53
14 Kulwinder Kaur India #4523 • Age: 49

Men 3000m RW 30+

1 Peter Bennett Australia #7001 • Age: 70
2 Wayne Paul Byram Australia #5506 • Age: 55
3 Simon Cartwright Australia #5508 • Age: 57
4 Kevin CassidyAustralia #6507 • Age: 66
5 Andrew Cochrane Australia #7004 • Age: 71
6 Paul Lindenberg Australia #6030 • Age: 64
7 Adam Patterson Australia #5034 • Age: 54
8 Pramesh Prasad Australia #5036 • Age: 52
9 David Rapaport Australia #5038 • Age: 51
10 Stanley Patrick Sela Australia #8510 • Age: 87
11 Sukhvinder Singh Australia #7523 • Age: 77
12 Christopher Worsnop Australia #6547 • Age: 69
13 Kai Chung John Wong Hong Kong #6546 • Age: 65
14 Balraj Singh India #6537 • Age: 68
15 Ian Morton New Zealand #7015 • Age: 70

Live Results

[2026 Pan Pacific Masters Games - Nov 7 – 9, 2026 | Queensland Athletics]

Road Walk -10km

Sunday 8 November: 7:00am Luke Harrop Cycle Circuit, Runaway Bay

Thank you to all the club members who have helped in organising this event and those who have volunteered to help or officiate on the day . Your commitment and help is greatly appreciatedby by club management and by the athletes .

The course is a 1km loop on the flat part of the criterium circuit and starts and finishes beside the cricket nets across the oval from the clubhouse.

Entry List 10km Walk

Peter	Bennett	M	Australia	70-74
Kerry	Blackaller	F	Australia	60-64
Simon	Cartwright	M	Australia	55-59
Kevin	Cassidy	M	Australia	65-69
Andrew	Cochrane	M	Australia	70-74
Joy	Dale	F	Australia	55-59
Sally	Duncan	F	Australia	65-69
Brenda	Gannon	F	Australia	50-54
Paul	Gleeson	M	Australia	65-69
Argenis	Guevara	M	Australia	55-59
Colin	Heywood	M	Australia	70-74
Patricia	Hibbs	F	Australia	35-39
Amy	Kanther	F	Australia	35-39
Roslyn	Kirwin	F	Australia	35-39
Paul	Lindenberg	M	Australia	60-64
Judith	Lunn	F	New Zealand	65-69
Trevor	Martin	M	New Zealand	60-64
Luis	Mayo	M	Australia	50-54
Noela	McKinven	F	Australia	80-84
Jenn	McLean	F	Australia	65-69
Pramesh	Prasad	M	Australia	50-54
David	Rapaport	M	Australia	50-54
Stanley Patrick	Sela	M	Australia	85-89
Nyle	Sunderland	F	Australia	55-59
Mohinder Singh	Virk	M	India	65-69
Anne	Weekes	F	Australia	60-64
Kai Chung John	Wong	M	Hong Kong	65-69

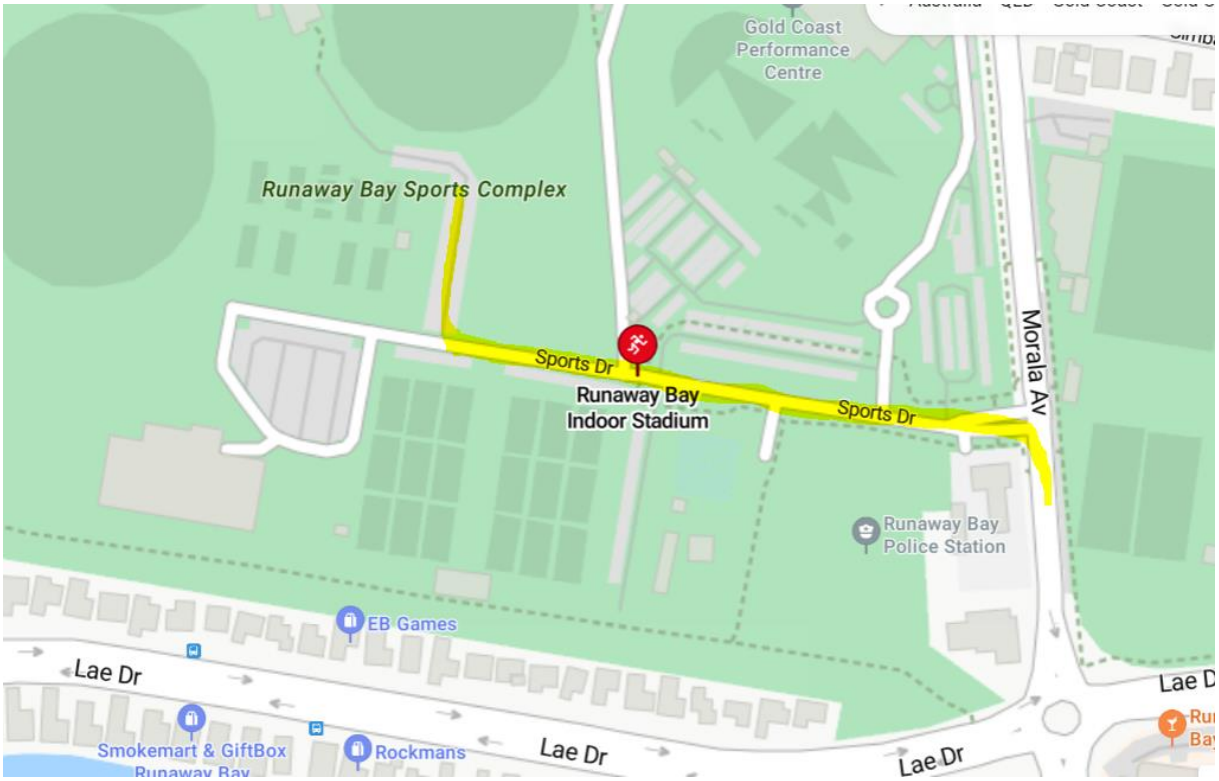
The 10km venue - Luke Harop cycling circuit



Requirement: City of Gold Coast
Sport: Athletics – Road Race Walk
Venue: Luke Harrop Circuit
Address: Oxley Dr, Biggera Waters QLD 4216

Venue Plan Key:

- Event Area
- Marquee/Tent
- Toilets
- Competition Course
- Parking
- Competition Water Station



For those unfamiliar with the venue entry is off Morala Avenue. There is a large car park right at the end of Sports Drive and limited parking if you turn right at the tennis courts and park near the cricket club. We will be using the toilets that are located outside the entrance to the cricket clubhouse.

RESULTS RESULTS RESULTS

Queensland Athletics

October 31st

Men 3000m RW Open

1 Leo Ramsay Qld Race Walking Club 16:21.00
2 Jett Irvine Bundaberg 18:06.00
3 David Rapaport Qld Masters 18:35.10

Women 3000m RW Open

1 Bethany Moore-Kirkland Darling Downs 14:34.60
2 Olivia Boulton Gold Coast Athletics 15:25.60
3 Elspeth Hooper Gold Coast Victory 16:39.40
4 Amelia Chisholm Gold Coast Victory 16:43.30
5 Violet Conway Qld Race Walking Club 17:10.10

Men 10000m RW Open

1 Noah Cooke Qld Race Walking Club 47:47.37
2 Koby Irvine Bundaberg 49:21.26
3 Alex Bradley Qld Race Walking Club 49:45.80
4 Kai Dale Qld Race Walking Club 1:04:21.42
5 David Rapaport Qld Masters 1:15:02.68

Women 10000m RW Open

1 Phoebe Chadwick Qld Race Walking Club 54:48.56
2 Eliza Kelly Qld Race Walking Club 57:26.00
3 Brenda Gannon Qld Masters 1:02:13.30
4 Patricia Hibbs Qld Race Walking Club 1:06.18 * approx.

Queensland Masters Athletics

Sunday October 25th

1500 Meter Race Walk

Dale, Kai M18 7:46.48
Gannon, Brenda W52 8:24.21
Dale, Joy W55 11:21.02
Elliott, Craig M69 14:59.59
Bennett, Peter M70 9:33.76
McKinven, Noela W84 13:43.35

3000 Meter Race Walk

Dale, Kai M18 16:20.64 (16:20.65 65.65%)
Gannon, Brenda 52 17:25.97 (15:09.27 76.47%)
Dale, Joy W55 22:32.14 (18:38.50 62.17%)
Bennett, Peter M70 20:01.07 (14:58.65 71.65%)
McKinven, Noela W84 27:39.72 (17:07.21 67.69%)
Sela, Patrick M87 28:46.61 (17:56.37 59.82%)

Age Graded Times & Percentages in Brackets

Queensland Masters Athletics

Sunday November 1st

800 Meter Race Walk

1 Bennett, Peter M70 4:54.72
1 McKinven, Noela W84 7:14.43
1 Sela, Patrick M87 7:13.34

3000 Meter Race Walk

1 Dale, Kai M18 18:12.54 (18:12.55 58.93%)
1 Dale, Joy W55 22:51.20 (18:54.26 61.30%)
1 Bennett, Peter M70 19:35.28 (14:39.35 73.22%)
1 McKinven, Noela W84 27:49.52 (17:13.27 67.30%)
1 Sela, Patrick M87 29:35.99 (18:27.16 58.15%)

Age Graded Times & Percentages in Brackets

QA Track Season

5,000 metre Championships November 14th SAC

11:15am 5000m Walk Championships U17, U18 &U20
2026/27 QA Championships: 5000m Run & Walk - Queensland Athletics - revolutioniseSPORT
Entries close November 10th

QA Note:

This his event is the U17, U18 and U20 5000m Championships; that is why the open category originally was excluded.
However, we understand all racewalkers would want the chance to compete. ***Open tickets are now available for this event and you should be able to register now.***
However, please note the ***Opens are not eligible for medals at this event.***

Coming QA Walks

January 10th 3,000 metres SAC
February 6th 3,000/5,000 metres SAC
February 27th 3,000 metres QA Championships
March 6th 3,000/5,000 metres
March 20th 3,000/5,000 metres

QMA & Brisbane Region Track Season Calendar

QMA Website [Queensland Masters Athletics: Track and Field]
Sunday Morning 22/11/26 – SAF Brisbane Region Competition
8.00am 5,000 metres
9.40am 1,500 metres
Saturday Afternoon 5/12/26 – SAF QMA HEP/DEC CHAMPS
3.00pm 1,500metres
Sunday Morning 6/12/26 – SAF QMA HEP/DEC CHAMPS
4pm 3,000 metres
Sunday Morning 13/12/26 – SAF Brisbane Region Comp. Includes 1 mile
8.00am 3,000 metres
10.00am One Mile
Saturday Afternoon 19/12/26 – SAF Brisbane Region Competition
4.15pm 5,000 metres
Sunday Morning 17/1/27 – SAF QMA OUTDOOR PENTATHLON Held in conjunction with Brisbane Region Competition Day 9 of Brisbane Season
Sunday Morning 24/1/27 – SAF Brisbane Region Competition Day 10 of Brisbane Season
Sunday Morning 14/2/27 – SAF QMA WOMENS THROWS PENTATHLON
Held in conjunction with Brisbane Region Competition Day 11 of Brisbane Season
Sunday Morning 21/2/27 – SAF QMA MENS THROWS PENTATHLON
Held in conjunction with Brisbane Region Competition Day 12 of Brisbane Season
Saturday Afternoon 27/2/27 – SAF QMA MEMORIAL DAY Held in conjunction with Brisbane Region Competition Day 13 of Brisbane Season
Sunday Morning 7/3/27 – SAF Brisbane Region Competition Day 14 of Brisbane Season
Saturday Morning 20/3/27 – SAF Saturday QMA 3000M RUN/WALK CHAMPS
Held in conjunction with Brisbane Region Competition Day 15 of Brisbane Season
Saturday 3/4/27 – SAF All Day QMA STATE CHAMPS DAY 1
Sunday 4/4/27 – SAF All Day QMA STATE CHAMPS DAY 2
Saturday Morning 15/5/27 – SAF AMA HEP/DEC CHAMPS DAY 1
April 23-26, 2027 AMA CHAMPIONSHIPS – PERTH
Sunday Morning 16/5/27 – SAF AMA HEP/DEC CHAMPS DAY 2



REGISTRATION OPEN
Entries CLOSE Sunday 13th December 2026

The 2027 Oceania Masters Championships will be held from **Wed 27 to Sun 31 January,**
Venue: Nga Puna Wai Sports Centre Augustine Drive Wigram Christchurch 8025

Walks Programme

Wednesday 27th January 2027 3,000m Track Walk AM

Friday 29th January 2027 1,500m Track PM
Sunday 31st January 2027 5,000m Track Walk PM

To date there are entries from 50 race walkers with more than half of these athletes from Australia.

Join fellow your QRWC members in Christchurch

OMA / NZMA Track and Field Championships - Meet Info - Track & Field Meet

Early Bird Registration Open 1st September 2026) NZD $60.00
Normal Registration (26th October 2026) NZD $90.00
Event Fee NZD $20.00

Masters' accommodation special

Oceania Masters Track & Field Championships - Accor Meetings & Events

2027 AMA National T & F Championships

- Date: April 23 – 26, 2027
- Venue: Ern Clark Athletics Stadium Cannington. WA

- **Walks Course** Perry Lakes Reserve is the location for the 10km walk. The 2km circuit is a certified relatively flat, well shaded and picturesque course around one of the Lakes.
  Perth 2027 | Australian Masters Athletics Championships

Date Claimer – Canberra Carnival June 12-13th 2027

A meeting on Tuesday night of Australian Federation of Race-Walking Clubs has set the date of **June 12-13th 2027** for the renamed "**Canberra Walking Carnival**". More details to follow when they become available.

Racewalking Queensland Management Committee 2026/27

President: P Bennett
Vice President: B Gannon
Secretary: N. McKinven
Treasurer N. McKinven
Committee: S Pearson, I Jimenez, R Wales, J Dale, S Dale, A Bradley
Patron: S Perkins
Registrar: S Dale
Handicapper A Guevara / N McKinven
Uniforms: S Dale
Publicity / Media: P Chadwick / C Chadwick
Results: R Wales / N McKinven
Newsletter Editor: P. Bennett
Equipment Officer: Ignacio Jimenez & Noela McKinven
Canteen Convenor: R Wales, J Dale
Blue Card Co-ordinator: B Gannon
Club Captains: Phoebe Chadwick, Alex Bradley

Blue Cards

As part of our legal obligations and a condition of our affiliation with QA we must maintain a current Blue Card register. We have a duty to be fully aware of exactly who is coaching or providing services to our members, particularly when those members include children or young people under 18.
Equally important is ensuring that every coach or provider engaged in child-related activities holds a current and valid Blue Card, as required under Queensland legislation.
Our club will continue to ensure that we are meeting our duty of care and fulfilling and our legal obligations under the Working with Children (Risk Management and Screening) Act 2000.Individuals requiring a blue card | Your rights, crime and the law | Queensland Government.
If you have any questions or require assistance, please don't hesitate to contact our club Blue Co-ordinator bluecardqrwc@gmail.com

QRWC Membership 2026/27

Membership - Qld Race Walking Club - revolutioniseSPORT

QRWC Uniforms

Wearing a club uniform at our club meets is desirable but not compulsory. All Race Walking Australia event competitors MUST wear the uniform of their Club, as registered with Race Walking Australia. Failure to do so may result in disqualification.

Shop - Qld Race Walking Club - revolutioniseSPORT

Race Walk Coaching

If you are looking for coach or would like to be part of a training squad here are the qualified coaches in the club:

Noela McKinven Walks Level 4
Robyn Wales Walks Level 3
Shane Pearson Walks Level 3
Steve Langley Walks Level 3 Performance coach
Jasmine-Rose McRoberts Level 2 Club coach
Argenis Guevara Level 2 Development coach
Katya Martin Level 1

Contact emails:

qrwc1@optusnet.com.au Membership, coaching or general enquiries about the club

racewalkqld@outlook.com Articles for the newsletter, to send in results, to join newsletter mailing list.
Website Queensland Race Walking Club

About us *Racewalking Queensland* conducts its own winter road walk programme from April until September. Thank you to all our contributors of results & reports to this newsletter.